Woman's Refuge

when sick is Lydia E. Pinkham's Vegetable in furniture that has been upholstered Compound.

No other medicine in the world has done so much good,

No confidence has ever been violated.

was ever published by Mrs. Pinkham without special permission.

No woman ever wrote to Mrs. Pinkham for advice without getting help. No man sees these letters. Her advice is free, and her address is Lynn. No living person is so straight."-Washington Star. competent to advise women. None has had such experience.

She has restored a million sufferers to health. You can trust her. Others have.

Lydia E. Pinkham Med. Co., Lynn, Mass.

America's greatest canned meat packers.

POTTED

HAM BEEF **TONGUE**

Three sandwich-substantials always ready for use. Each has a delicious, appetizing flavor - makes the sandwich taste so goodthe more you eat the more you want. Carefully packed in small key opening INEXPENSIVE—ECONOMICAL

Ask your grocer. If he doesn't handle them LIBBY, McNEILL & LIBBY,

CHICAGO, ILL., U. S. A. Write for Free Book about Libby's Luncheens-"Hew to Make Good Things to Eat." (New Phitten.) 2A



culars as to how to seen re acres of the best Wheat owing land on the Contient, can be seemed on ap-lication to the Superia-indent of Immigration, itawa, Canada, er the un-

dersigned. Specially conducted excursions will leave St. Paul, Minn., on the let and 3d Tuesday in each month, and specially low rates on all lines of railway are being quoted for excardion leaving St. Paul on March 28th and April 4th, for Manitoba, Assiniboia, Saskatchewan and Alberta. Write to F. Pedley, Supt. Immigration, Ottawa, Canada, or the undersigned, who will mail you atlases, pamphlets, etc., free; N. Bartholomew, 306 5th St., Des Moines, Iowa; W. H. Rogers, Water-town, South Dakota; W. V. Bennett, 801 New York Life Bldg., Omaha, Neb.; B. Davies, 15416 East 3d St., St. Paul, Minn., Agents for Gov't of Canada.

Ely's Cream Balm

Druggists, 50 Cts.

Apply Balm into each nostril. ELY BROS, 56 Warren St., N.Y.

If afflicted with sore eyes, use Thompson's Eye Water

AVegetable Preparation for As-

similating the Food and Regula-

ting the Stomachs and Bowels of

INFANTS CHILDREN

Promotes Digestion, Cheerful-

ness and Rest. Contains neither

Opium, Morphine nor Mineral.

Pecape of Old Dr. SAMUEL PITCHER

Aperfect Remedy for Constipa-tion, Sour Stomach, Diarrhoea,

Worms, Convulsions, Feverish-

Che SH Fletcher.

ness and Loss of SLEEP

Fac Simile Signature of

NEW YORK.

At6 months old

5 Doses - 35 CENTS

EXACT COPY OF WRAPPEB.

NOT NARCOTIC.

Pumpkin Seed -Alx. Senna + Rochelle Selts -

Anise Seed .
Propermint El Carbonate Sada .

Putting Pine Needles to Use. The pine needles of South Oregon are

being utilized. The needles are first boiled and then run between horizontal wooden rollers, which extract the juice. This is called pine needle oil, which is supposed to possess medical properties. The pulp is used as a medicated material for upholstering, and is also said to be a good substitute for horsehair. It is said that insect pests will not live with pine needles.

A Boston Institution.

Among the unique institutions of this city is the Peabody Medical Institute, 4 Bulfinch street, established nine years before the death of the great philanthropist, the late Mr. George Peabody, from whom it takes its name. During the past thirty years it has achieved a wide and lasting No woman's testimonial distinction, and to-day it is the best of its kind in this country. The medical publications of this institute have millions of readers, and are as standard as gold. Their last pamphlet, ninety-four pages, entitled "Know Thyself," free by mail on receipt of six cents for postage. Send for it to-day.-Boston Journal.

Qualified Praise.

"Is he a commanding figure in the politics of your community?" asked the

"Well," answered the Kentuckian re-Mass. She is a woman, fleetively, "he can make a pretty good you can tell her the truth. speech. But he can't shoot very

> Sitence Is Golden. Mrs. Stubb-John, would you refer to a gun as feminine? Mr. Stubb-I should think not, Maria!

> Mrs. Stubb-And why not? Mr. Stubb-Because gurs can be si-

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address, F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c.

Undecided. Mistress-Is that policeman who was in the kitchen last night your steady

Cook-He will be, mum, if Oi decide to shtay here and he isn't transferred!

Ask Your Dealer for Allen's Foot-Ease, A powder to shake into your shoes. It rests the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callous, Aching, Sweating feet and In-

growing Nails. Allen's Foot-Ease makes

new or tight shoes easy. Sold by all druggists

and shoe stores, 25c. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y. As a Substitute. Mrs. Hixon-What do you keep that

horrid pet monkey for? Mrs. Dixon-Well, you see my husband is away more than half the time, and the animal keeps me from getting

Kroo-er. "Does your wife take any interest in

the South African war? "Yes; she corrects me every day on my pronunciation of Kruger."-Detroit

The rays of happiness, like those of light, are colorless when unbroken.-Longfellow.

Free Press.

Piso's Cure for Consumption is an infallible medicine for coughs and colds .-N. W. Samuel, Ocean Grove, N. J., Feb.

A life of pleasure makes even the strongest mind frivolous at last.-Bul-

Mrs. Winslow's Scothing Syrup for Children teething: softens the gums, reduces inflammation, allays pain, cures wind colic. 25 cents a bottle.

Washington was only 23 when made commander-in-chief of the forces of Vir-

For Infants and Children.

The Kind You Have

Always Bought

Thirty Years

Bears the

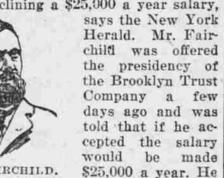
Signature

When President McKinley selected Mrs. Potter Palmer to act as representative of American women at the Paris exposition he conferred an honor upon the woman who is generally conceded to be best fitted for it. Mrs. Palmer is an ideal type of the American woman. She is my baby's handsome, graceful, tactful-a born lead- neck. The er. For years her word has been law in Chicago society and since acting as president of the Woman's Board of World's



Fair Managers in 1893 her name has become well known all over the country, Last year she took up a summer residence at Newport and her villa was the most popular at this famous resort. She is generally credited with having made the match between her niece, Miss Julia Dent Grant, and Count Cantacuzene, the rich young Russian nobleman, and it was at her Newport mansion that the brilliant wedding took place.

Julian D. Fairchild is one of the few men of Brooklyn who have had the pleasure of declining a \$25,000 a year salary,



would be made \$25,000 a year. He has declined. Mr. Fairchild was president of the E. Frank Coe Company of Manhattan when, in May, 1893, he was elected president of the Kings County Trust Company, to succeed Joseph C. Hendrix. Mr. Fairchild's salary then was fixed at \$15,000. It has since been raised to \$20,000.

Sir Alfred Milner, governor of Cape Colony and the Queen's high commissioner for South Africa, has occupied these two positions for only three years, yet he has endowed them-prominent as they for it. F. C. Johnson, Kishwaukee, Ill. have always been-with an importance which they have never had before. The



SIR ALFRED MILNER.

governor of the Cape is a remarkably able man in a variety of ways. He was educated in Germany and Oxford and was once pronounced by the dean of St. Paul's to be "the finest flower of human culture which had been reared in the university in this generation." At 44 (he is now but 47) he had risen to high eminence in British politics.

Mrs. Lillie Devereux Blake is about to organize a second woman's suffrage association. Mrs. Blake was the defeated

candidate for the presidency of the . National Suffrage Association after the abdication of Susan B. Anthony. When Mrs. Carrie Chapman Catt succeeded to that office Mrs. Blake's friends openly threatened a second organization, holding that

she by reason of MRS. L. BLAKF. long service and zeal in the cause was logically entitled to that honor. The new body of suffragists will call themselves the National Legislative Association.

In San Francisco the Board of Health has created the position of assistant city physician, with a salary of \$100 a month, and put it in the hands of Dr. Beatrice Hinkle. Her duties will be the care of sick women and children in the public institutions.

The French have the exclusive right to carry on researches in Persia, but half of the finds are to belong to that country.

I Would Cry Every Time I Washed My Baby."

"When he was 3 months old, first festers and then' large boils broke out on 3 or es spread back until it mass of raw flesh. When 1/23

alizing what pain he was in. His pitiful wailing was heartrending. I had about given up hope of saving him when I was urged to give him Hood's Sarsaparilla, all other treatment having failed. washed the sores with Hood's Medicated Soap, applied Hood's Olive Ointment and gave him Hood's Sarsaparilla. The child seemed to ger better every day, and very soon the change was quite noticeable. The discharge grew less, inflammation went down, the skin took on a healthy color, and the raw flesh began to scale over and a thin skin formed as the scales dropped off. Less than two bottles of Hood's Sar- first, and the wolf got the money. saparilla, aided by Hood's Medicated Soap and Hood's Olive Ointment, accomplished this wonderful cure. I cannot hard, greedy and cruel. My mother praise these medicines half enough," Mrs. Guerinot, 37 Myrtle St., Rochester, N. Y. The above testimonial is very much condensed from Mrs. Guerinot's letter. As many mothers will be interested in reading the full letter, we will send it to anyone who sends request of us on a



315 Per Week—We will pay \$15 per week for men or women to introduce our condition powders, poultry remedies and plant food. Stamp for particulars. THE MOHAWK MFG. CO., Parsons, Kansas.

One great consolation is peculiarly the humorist's-he isn't supposed to the Brooklyn Trust | laugh at his productions.

Libby, McNeil! & Libby,

Housekeepers frequently feel the need of luncheon meats which are either ready to serve or can be prepared for the table at a moment's notice. Such a need is is then at it again. Say that £4,400 is abundantly supplied in the superior meats the first bid. The auctioneer cries: put up by the old reliable house of Libby. McNeill & Libby, Chicago, one of whose specialties is advertised in another column of this paper, and their booklet, "How to Make Good Things to Eat," is offered free on application.

Providence has given us hope and sleep as a compensation for the many cares of life.-Voltaire.

Johnson's Pure Cider Vinegar made by aging cider in barrels. Ask your grocer

Prosperity is no just scale; adversity is the only balance to weigh friends.-Plutarch.

FEEDING THE WOLF.

Avarice Ruined Their Home Life and Killed Their Mother.

"There stood on the kitchen shelf in the old farmhouse where I was born," said a New York business man, in the Youth's Companien, 'a stone wolf with a slot in its back. Into this slot went the savings of the family, cent by cent. Once a month my father unscrewed the wolf's back and took out the money. It all went to buy land to add to our farm. He had an ambition to be known as a large landholder, and everything was sacrificed to that.

"The mak, the vegetables and the beef which the farm produced were sold, and we children were fed upon the refuse. We grew up pale, weak and sickly, and the money saved went into the wolf's stemach.

"My father had a good income, but my mother did all the work without help. At 40 she was an old woman. Once or twice she asked for a week's heliday or a little trip to the city. Father would consent, and then he would convince her of the extravgance of the plan. She begged that might be sent to college, but father talked so much about the expense that she dropped the matter. She used to long for a magazine or book to read. for a chance to hear music, for some escape from the deadly barrenness of our life, but it was never given to her.

"The home life, which might have been wholesome and attractive, was died, worn out with working to feed that hungry wolf. By and by a railroad was built which helped other parts of the country at the expense of our own neighborhood. The value of the farm decreased, and father was left with a lot of worthless land on his hands. We had sacrificed all that was best in life for it and we got no re-

The cost always had to be reckoned

turn." There are few American families in which petty avarice is a marked characteristic, but there are many in which thrift is misdirected, and what should be only a means is allowed to becoan end. The frugality which looks to ward a realization of nobler aims and the attainment of a broader and richer life is worth every effort and self-sacrifice, but the hoarding which starves body and soul merely to add acre to acre, or to pile one useless dollar upon another, is a pinnacle of folly to which no creature but man has ever arisen.

Encouraging the Bidders. A Dutch auction at Cape Town is frequently exciting. If a house is to be sold the auctioneer offers "fifty golden

sovereigns for the man who first bids £5,000." Nobody bids. A pause, and then: "Fifty golden sovereigns for the man who first bids £4,900." This is kept up until a bid is secured. But it by no means follows that the house is sold to this bidder. No, the auctioneer "There are twenty-five golden sovereigns for the first man who has the courage to bid £4,600." Perhaps no one has it. Then £25 pounds is offered for a £4,550 bid. If there is eventually no bid above the £4,400 the man who made that bid is saddled with the house. Otherwise he pockets his bonus and get off free of it all.

Didn't Worry Willie. "No, Willie, dear," said mamma, "no more cakes to-night. Don't you know you cannot sleep on a full stomach?" "Well," replied Willie, "I can sleep on my back."

LABASTINE is the original and only durable wall coating, entirely different from all kalsomines. Ready for use in white or fourteen beautiful tints by adding cold water.

ADJES naturally prefer ALA-BASTINE for walls and cellings, because it is pure, clean, durable. Put up in dry pow-dered form, in five-pound pack-ages, with full directions,

LL kalsomines are cheap, temperary preparations made from whiting, chalks, clays, etc., and stuck on walls with de-caying animal glue. ALABAS-TINE is not a kalsomine. EWARE of the dealer who

says he can sell you the "same thing" as ALABASTINE or 'something just as good." He is either not posted or as try-ing to deceive you. ND IN OFFERING something he has bought cheap and tries to sell on ALABASTINE'S de-

mands, he may not realize the damage you will suffer by a kalsomine on your walls. ENSIBLE dealers will not buy a lawsuit. Dealers risk one by selling and consumers by using infringement. Alabastine Co. own right to make wall coating to mix with cold water.

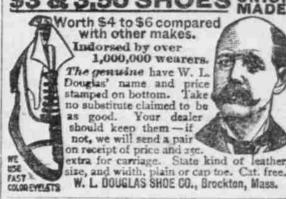
HE INTERIOR WALLS of every church and school should be coated only with pure dur-able ALABASTINE. It safe-guards health. Hundreds of tons used yearly for this work. N BUYING ALABASTINE, customers should avoid get-ting cheap kalsomines under

different names. Insist on having our goods in packages and properly labeled. UISANCE of wall paper is obviated by ALABASTINE. can be used on plastered walls, wood ceilings, brick or can-vas. A child can brush it on.

It does not rub or scale off. STABLISHED in favor. Shun all imitations. Ask paint dealer or druggist for that card. Write us for interesting book-let, free, ALABASTINE CO., Grand Rapids, Mich.



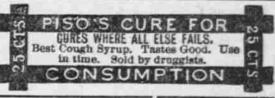
W. L. DOUGLAS \$3 & 3,50 SHOES UNIO



FREE Send 2 Stamps for fold and Young. Send 2 Stamps for full particulars and sample of Dye-mine Dyes for household DYES sample of Dye-mine Dyes Mirs., Dover,

DROPSY NEW DISCOVERY; gives quick relief & cures worst cases. Book of testimonials and 10 DAYS' treatment FREE. Dr. H. H. Green's Sons, Box S, Atlanta, Ga.

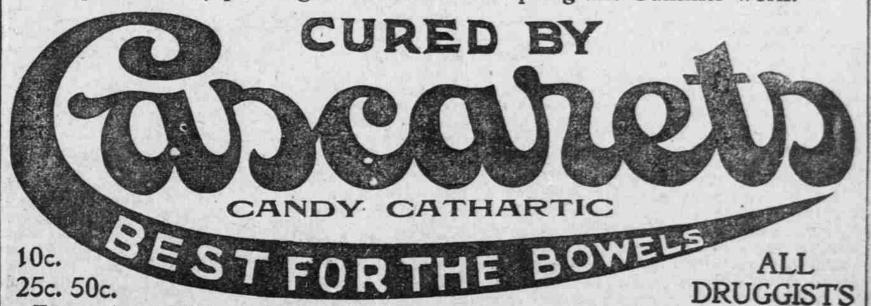
S. C. N. U. - No. 17-1900





Causes bilious head-ache, back-ache and all kinds of body aches. Spring is here and you want to get this bile poison out of your system, easily, naturally and gently. CASCARETS are just what you want; they never grip or gripe, but will work gently while you sleep. Some people think the more violent the griping the better the cure. Be careful-take care of your bowels-salts and pill poisons leave them weak, and even less able to keep up regular movements than before. The only safe, gentle inside Spring cleaner for the bowels are sweet, fragrant CASCARETS. They don't force out the foecal matter with

violence, but act as a tonic on the whole 30 feet of bowel wall, strengthen the muscles and restore healthy, natural action-buy them and try them. You will find in an entirely natural way your bowels will be promptly and permanently put in good order for the Spring and Summer work.



To any needy mortal suffering from bowel troubles and too poor to buy CASCARETS we will send a box free. Address

Sterling Remedy Company, Chicago or New York, mentioning advertisement and paper.

At Folkstone, England, an undertaker rode a bicycle on the handlebar of which was strapped a coffin containing a child.